

Kinder Weekly

Week 3, Term 1, 2018

What a start to school. We are almost ready to start full weeks! Thank you all for bringing your child along for their Wednesday testing. We now have a solid understanding of what your child knows and where we need to take them on their learning journey.

Important Dates

School on Wednesday - Just a reminder that your children start FULL weeks from Monday, so no more Wednesday's off.

Second Hand Clothing Pool

The school second hand clothing pool is open every Monday and Tuesday morning from 9am - 10am. Betty is situated upstairs at the end of the Multi-Purpose Room (Music Room) and has all of our uniform pieces available.

Transition

You may have noticed by now that your child is showing signs of tiredness toward the end of the week. While children may have come from daycare with longer hours, we do find the transition to school still takes a toll on them emotionally and physically. Your child may be more tired than usual, falling asleep in the afternoons, they may be less tolerant of siblings and seem frustrated by routine activities that haven't been a problem previously. Below are some strategies that have worked for parents in the past to combat these emotions:

- Changing around the routine to get morning jobs done the night before
- Setting up stimulating activities for when they get home to keep them occupied before bedtime routine
- Having dinner prepared and in the fridge ready to get out and heat up
- Bringing bedtime earlier to allow them more sleep needed to get them through the day
- Giving them a filling, nutritious afternoon tea to tide them over until dinner
- Using a pictorial timetable for morning and evening routines

Sight Words

It has been so nice to see the children starting to read, write and recognise the sight words we have sent home. Last week's newsletter had a grid of game suggestions to make learning sight words fun and less monotonous. Thank you for your efforts to help your child learn these important high frequency words.

Magazines

We are desperate for appropriate magazines for our classroom. If you have any lying around at home that you no longer have a use for, we would love to take them off your hands.

Thank you,
Caroline Tanti, Laura Adams, Janessa Docking, Kate Wigg & Jen Ferris

Weekly Sounds

Happy House



Jumping Jellyfish



Teacher Emails

Please feel free to contact us via email any time regarding non-urgent matters

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Tip of the Week

What can I do to build independence in my child?

Identify opportunities

Ask them which jobs they could help you with

Target priorities

Tackle one at a time - easy for you and them

Make time

Start mornings/bedtime routines earlier

Negotiate compromise

Share the jobs on tough days, make it fun

Forget perfection

Support mistakes without criticism

Praise something

Find the positive in all of their attempts

Consider circumstances

Pick your battles. Regroup and try again

Don't rush in to solve minor issues when they crop up. Encourage your child's problem-solving skills by asking if they can come up with a fix. If they're stumped, give them time to think before offering up your ideas.

Psychologist, Jeanne Williams.