

St Gregory's Primary School

PO Box 723, Queanbeyan NSW 2620
Email: office.stgregs@cg.catholic.edu.au



17th September 2018

Dear Parents and Carers,

The Kinder and Year 1 **Learn to Swim Program** will begin on Monday 5th November and ends on Friday 16th November, 2018 (Term 4, Weeks 4 and 5). The children will need to wear their sports uniform every day for the two weeks. They will need to bring their swimmers and a towel in a separate bag. All children are encouraged to apply sunscreen before they come to school. Swimming lesson times are as follows:

9:30am - 10:00am K Blue	10:00am – 10:30am 1 White	10:30am – 11:00am 1 Red	11:00am – 11:30am K Gold
11:30am – 12:00pm 1 Blue	12:30pm – 1:00pm 1 Gold	1:00pm – 1:30pm K Red	1:30pm – 2:00pm K White

Price structure: \$100 per child – which will be included with your Term 4 school fees account.

Lesson duration: 30 minutes of Learn to Swim Program with water safety activities included.

Class ratio: 1 instructor to an average of 5 to 6 children per class.

Instructors: All instructors are Australian qualified with training in school groups. The aim is that all classes have the same instructors throughout the program.

Daily routine: It is expected that all children will walk to and from the pool with their class. We ask parents to assist with walking and with drying/dressing the children after the lessons, where possible. If you are able to assist at any time over the two weeks, please fill in the form below.

The children will be walking to and from the pool and will leave the school approximately 30 minutes before the scheduled lesson begins. We request that the children wear their swimming costume under their school uniform and bring a towel, goggles and underwear in a MARKED plastic bag. Please ensure that your child's name is clearly marked on all items of clothing, towel and bag. All children will also need to bring a warm top each day, regardless of the temperature, as they will be cool after their lessons. Children will not be permitted to use the canteen at the pool.

Please return the Level Assessment and permission/volunteer pages to your child's class teacher by Friday 28th September, 2018.

As you can imagine, organising and supervising this many children, is quite difficult. As a consequence of this, and for safety, we will be adopting the following disciplinary procedures with those children who misbehave while away from the school, whether it occurs at the pool or on the walk. For the first offence the child will miss the following lesson and their parents will be notified. A repeat offence will cause that child to be withdrawn from the program. If your child is withdrawn there will be no refund as all costs have to be paid in advance for the two-week period. The children will also have these conditions explained to them prior to the first lesson. Your signature on the permission note indicates that you accept these conditions.

Thank you,

Kinder and Year 1 Teachers

Low Street Campus
Ph: (02) 6297 1396

MacQuoid Street Campus
Ph: (02) 6297 2221

**Kinder and Year 1 SWIMMING LESSONS AT QUEANBEYAN AQUATIC CENTRE
MONDAY 5th NOVEMBER – FRIDAY 16th NOVEMBER 2018**

**(Please return this note and assessment sheet to your child's class teacher by
Friday 28th September, 2018)**

I do / do not give permission for my child _____ in class
_____ to participate in the swimming program at the Queanbeyan Aquatic Centre and I
support the behaviour measures in place.

Parent/Carers signature

Date

Dear Class Teacher,

I, _____, am available to assist the class with the following

(please circle):

Monday 5th November	Tuesday 6th November	Wednesday 7th November	Thursday 8th November	Friday 9th November
Walk to the swimming lessons from school Assist with the supervision of children dressing for their swimming lessons Walk back to school from swimming lessons	Walk to the swimming lessons from school Assist with the supervision of children dressing for their swimming lessons Walk back to school from swimming lessons	Walk to the swimming lessons from school Assist with the supervision of children dressing for their swimming lessons Walk back to school from swimming lessons	Walk to the swimming lessons from school Assist with the supervision of children dressing for their swimming lessons Walk back to school from swimming lessons	Walk to the swimming lessons from school Assist with the supervision of children dressing for their swimming lessons Walk back to school from swimming lessons
Monday 12th November	Tuesday 13th November	Wednesday 14th November	Thursday 15th November	Friday 16th November
Walk to the swimming lessons from school Assist with the supervision of children dressing for their swimming lessons Walk back to school from swimming lessons	Walk to the swimming lessons from school Assist with the supervision of children dressing for their swimming lessons Walk back to school from swimming lessons	Walk to the swimming lessons from school Assist with the supervision of children dressing for their swimming lessons Walk back to school from swimming lessons	Walk to the swimming lessons from school Assist with the supervision of children dressing for their swimming lessons Walk back to school from swimming lessons	Walk to the swimming lessons from school Assist with the supervision of children dressing for their swimming lessons Walk back to school from swimming lessons



Little Nippers Swim School Primary Swim Program/Level Assessment

Child's Name: _____

Age: _____

Class: _____

Teacher's Name: _____

1. Has your child attended a Learn to Swim Program with The Little Nippers Swim School last year?

2. Does your child attend regular swimming lessons? If so where and at what level?

3. When was the last time your child had a swimming lesson or attended the pool?

4. Please indicate what level your child is at:
 - Beginner (never had swimming lessons)
 - Advanced Beginner (can dog paddle but needs some support)
 - Intermediate 1. (can swim 5 metres freestyle, backstroke unattended).
 - Intermediate 2 (can swim 5/10 metres freestyle with bilateral breathing).
 - Advanced Intermediate (can swim 10/15 metres freestyle, backstroke and basic breaststroke/butterfly)
 - Squad (can swim 15/20 metres freestyle, backstroke, breaststroke, and butterfly with correct style).

5. What improvements would you like to see in your child's swimming?

6. Does your child have special needs?

7. Any medical conditions the Instructor should be aware of? (eg; diabetes, asthma)

