



# St Gregory's Primary School

PO Box 723, Queanbeyan NSW 2620  
Email: [office.stgregs@cg.catholic.edu.au](mailto:office.stgregs@cg.catholic.edu.au)



17<sup>th</sup> September, 2018

Dear Year Five Families,

## Year 5 Camp: Jindabyne 2018

Year Five Camp has been booked for **Wednesday, 5<sup>th</sup> December** to **Friday, 7<sup>th</sup> December 2018**. This is Week 8 of Term 4.

The camp is held at the NSW Sport and Recreation Centre in Jindabyne, near Cooma and the Snowy Mountains. The camp provides opportunities for our students to experience activities, which provide both individual and group challenges. These activities support the PDHPE curriculum we use at St Gregory's School. Our major focus for camp is to continue to build excellent leadership skills and to encourage effective teamwork strategies. The activities the students will experience include high ropes, rock climbing, bushwalking, initiatives, games, etc. Accommodation is dormitory style and students will be organised into cabin groups.

The cost of camp this year is \$350. This amount covers transport to and from Jindabyne, accommodation, meals, bus to and from Mt Kosciuszko, chair lift and activities. The camp payment will be included in the Term 4 fees account (\$350). It is our desire that all children attend camp but we appreciate that financial pressure may cause difficulties. Please do not hesitate to contact Claire Frazer if payment of camp fees will cause stress to your family. There are provisions for supporting families in these circumstances so that no child is disadvantaged.

Attached to this letter is the camp permission slip, information regarding student medical details and a packing checklist. Student medical information is now collected online. Every student's details need to be entered by parents/carers. The online medical form and permission slip need to be completed and returned to your child's class teacher by no later than Friday 28<sup>th</sup> September.

### Online Student Medical information details

The online form requires the following details:

- Booking number – 532498
- Booking start date – 05/12/2018
- Venue – Jindabyne Sport and Recreation Centre
- Name of organisation – St Gregory's Primary School, Queanbeyan

The link for the medical form is: <https://sportandrecreation.nsw.gov.au/facilities/medicalandconsentform>



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We are very confident that this year's camp will be a highlight for all involved. Each Year 5 student has risen to the expectations of being an effective school leader and we feel each child will benefit immensely from the various challenges of camp.

- We leave for camp via bus on **Wednesday 5th December at 9:30am** from MacQuoid Street. Children are to wear their **sports uniform** on departure.
- We return to school on **Friday 7th December at 2:30pm**. Please ensure children are picked up, as there may be some delays and children may miss their bus home. Be aware of where you are parking at school, as buses will need to safely pull up to pick up other children.

## **Important reminder**

Please ensure your child has a hearty breakfast the morning of departure, as we do not want children to be eating lollies or junk on the bus. Please **pack a recess snack for the bus trip**, which includes a fruit snack and a muesli bar. A small drink bottle can be taken but keep in mind that the bus trip is 2 hours long and there will only be the one toilet stop in Cooma. Lunch will be provided on arrival in Jindabyne.

## **Medical Matters**

All medication must be specified via the online form. Should that information change before we leave for camp, we must have those changes in writing prior to our departure.

- All medication must be sealed in plastic bags, labelled with child's name, including detailed instructions for administering the medication. **Please give to your child's class teacher before Wednesday, 5th December.** Medication will be kept in a central location to be administered by one of the teachers.
- Students may keep their asthma inhalers, labelled with your child's name. It is important that it is stated on the medical form if your child is an asthmatic; and include an asthma plan if a doctor has provided this.
- Medical related dietary requirements have been forwarded to the staff at Jindabyne, so that arrangements can be made. General likes and dislikes cannot be catered for.

## **Luggage**

The children are solely responsible for their own luggage during travel and while on camp. Each student will have to be able to carry and move his or her own luggage as required. Therefore, it would greatly assist them if **all** their belongings were inside **one** bag, i.e. including the sleeping bag, rather than attached to the outside if possible. **The ideal is one medium sized bag/suitcase and a very small backpack for the bus.**

This is a **physical outdoor leadership camp**. Any expensive clothing items are not necessary and they will only get damaged. We will be talking to the students about this issue also.



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## **Accidents or Emergencies**

In case of emergencies, parents can contact students on (02) 6450 0200 from 9am to 5pm, Wednesday to Friday. You will be contacted if medical conditions or other serious issues arise. Sick or injured campers are usually taken to Jindabyne for assessment by a doctor if necessary. Jindabyne also has a 24-hour ambulance service for emergencies.

This note contains a lot of very important information. Please keep it in a safe place.

Kind Regards,

Year 5 Teachers



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## OFFICIAL SCHOOL CONSENT FORM

Year 5 Camp - Jindabyne  
**Wednesday 5<sup>th</sup> December to Friday 7<sup>th</sup> December 2018.**  
**(Week 8 – Term 4)**

As parents/guardians of ..... in Class: .....,

I/we give permission for him/her to participate in the Year 5 Camp to Jindabyne (Wednesday 5<sup>th</sup> December to Friday 7<sup>th</sup> December 2018) and agree to delegate authority to the staff involved.

Teachers may take appropriate disciplinary action to ensure the safety, well-being and successful conduct of the students as a group, or individually during the camp experience.

I/We authorise the teachers and staff to obtain any medical assistance that they may deem necessary should an accident occur.

I/We agree to pay all medical expenses incurred on behalf of our child.

I/We further authorise qualified practitioners to administer anaesthetic if such an eventuality arises.

SIGNED: .....(Mother/Carer/Guardian)

SIGNED: .....(Father/Carer/Guardian)

DATE: .....

(Please complete and return to school by **Friday 28<sup>th</sup> September**)

.....  
.....

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## Year 5 Camp Packing List

The following list is a guide of what you might like to pack:

- Shorts and t-shirts (no singlets, sleeveless or midriff tops)
- Jumpers and tracksuit pants
- Jeans
- Socks and underwear
- Raincoat
- Pyjamas
- Sunscreen, sunhat and sunglasses (essential for walk to Mt Kosciuszko)
- Gloves
- Toiletries, including soap (no aerosols)
- 1 towel
- Pillow and sleeping bag
- Fitted single sheet and pillow case cover
- Water bottle & healthy snacks (for bus trips)
- Plastic bags for dirty or wet clothes
- Medications (if required – in plastic labelled bag - please give to teacher before Wednesday 5th Dec)
- Ugg boots or slippers (to be worn inside only)
- Enough warm clothing for three layers (temperatures can vary greatly)
- Old digital camera
- iPods may be used to take photos or listen to music inside the dorms

Handy Hint: Please label clothing, towels and sleeping bag with your child's name. Bringing a digital camera or iPod is at your own risk. Content on devices is the responsibility of parents and carers. We are not responsible for loss or damage.

\*\*iPods and iPhones WITHOUT a SIM card are permitted but are the sole responsibility of the owner. Students are reminded that as they are on a school camp, they are bound to uphold the terms of the school Acceptable Use of ICT Agreement.

What NOT to bring:

- Aerosol cans (e.g. spray on deodorant or insect repellent)
- Thongs (unless for showering)
- iPads/Tablets/video games
- Mobile phones
- Lollies or chewing gum
- Jewellery
- Anything valuable