

Parent Workshop

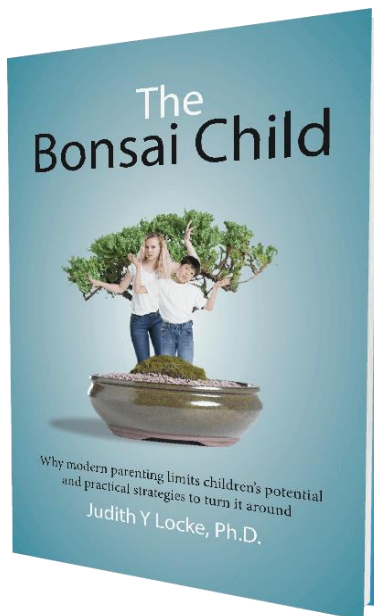
Parents are taken through a process of rethinking their parenting approach and then realistic parenting strategies described

Judith Locke

Judith's practical and humorous advice has worked for thousands of families who have attended her parenting seminars

Children's resilience, confidence, and capabilities are being impacted by parents doing too much for them

As a researcher and practicing clinical psychologist, Judith has insight into why many parents overdo their parenting efforts



The Bonsai Child will change the way you think about parenting.

It explains modern parenting trends and the impact on children.

Most importantly, the book offers practical strategies to help your child become confident and resilient.

These strategies have worked for thousands of parents: they will work for you, too.

<http://confidentandcapable.com>

Monday 30th April



St Gregory's School Hall

Molonglo Street, Queanbeyan

6:30pm – 9:00pm

Cost \$15 per person or \$20 per family

Payment via Qkr!, School Office or by Phone